

Focus on Musculoskeletal Care

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Background

Musculoskeletal conditions affect joints, muscles or bones and are a common problem in society contributing to a significant level of years lived with disability and work absence.

There are over **200** musculoskeletal conditions.

Specialties that contribute to the management of these conditions include:

- Trauma & Orthopaedic
- Rheumatology
- Pain Management
- Physiotherapy (acute and community)
- Interface Services (community)



Background

- The total amount spent by BNSSG on local MSK services in 2016/17 was **£87.4m**
- National data suggests that the three CCGs were spending more on MSK care than similar areas and there was an identified savings opportunity for BNSSG of **£7m**
- Despite this level of spend, patients were not experiencing better outcomes
 - Health gain following joint replacement
- Patients and clinicians found that care was fragmented and difficult to navigate, resulting in long waiting times
- MSK was therefore identified as a priority area of focus for the STP



A complex pathway



Achievements this year

- Introduction of orthopaedic access policies to support conservative management of common conditions such as shoulder pain, knee and hip arthritis
- Referral pathways to community MSK services provided by **3** community providers simplified and aligned
- Triage criteria for MSK services reviewed and aligned
- These changes have resulted in a significant reduction in referrals to orthopaedics with a net saving for the year of **£9.7m**
- Some of this saving will be reinvested in the community providers to reduce wait times and further support care in the community



Service redesign

- Recognised that in order to improve services for patients, a system wide service redesign was required
- Using process mapping and co-design methods a new integrated model of care has been designed for MSK services
- Working now to commission a new integrated model of care, to begin from April 2020
- Fully integrated pathway for MSK services where the patient will experience a seamless and prompt service across their entire journey
 - Multidisciplinary tiered serviced model
 - Focus on self-care and biopsychosocial approach to care
 - Case management and integrated information flow
 - Reduced variability across the pathway and improved access to services

