

BNSSG CCG Governing Body Meeting

Date: Tuesday 2nd March 2021

Time: 14:00pm

In light of Government advice regarding social distancing, the Governing Body will meet virtually until further notice. The meeting will be accessible to members of the public. Please see our website for more details.

Agenda Number :	7.2
Title:	Update Paper on Annual Health Checks for people with learning disabilities
Purpose: Discussion	
Key Points for Discussion:	
<p>This paper summarises the position to date and outlines the actions being taken to increase the number of Annual Health Checks (AHC) completed and the support being provided to primary care. It also outlines actions to improve the quality of AHC's completed and to support an improvement in outcomes for the learning disability population. BNSSG has Exemplar status for Annual Health Checks, one of only 8 Clinical Commissioning Groups in the country.</p> <p>Annual Health Checks for adults with a learning disability is a Direct Enhanced Service (DES). The aim of an AHC is to identify those in the learning disability population who may need additional health support to manage pre-existing conditions effectively or to identify conditions that may go undetected and which may need support in managing.</p> <p>People with learning disabilities often have poorer physical and mental health than other population groups and often die younger, they are a vulnerable group experiencing sub optimal care and poorer health outcomes than the general population. People with learning disabilities and their families often report poor access and experiences of care with many needs going unmet thus exacerbating health inequalities further</p> <p>Annual Health Checks can help support changes to health behaviours; promote healthy lifestyles; identify previously undetected health problems; improve prescribing and support management of existing health issues through coordination with community services and secondary care. NHSE/I has identified AHC's as a key priority in the NHS Long Term Plan and set all systems a target of 67% completion for all those eligible on GP LD registers by 31 March 2021.</p>	
Recommendations:	<p>The Governing Body is asked to note the content of the paper and supporting action plan and to support the following actions;</p> <ul style="list-style-type: none"> • To support the actions to improve the uptake of Annual

	<p>Health Checks</p> <ul style="list-style-type: none"> To support local arrangements for the LD DES as requirements shift over to the Primary Care Network's (PCN's) giving opportunities for more integrated working between practices/PCN's and the specialist LD teams to facilitate access to screening services, mainstream community services and support around 'reasonable adjustments'.
Management of Declared Interest:	Consideration has been given to potential and actual conflict of interest and none have been declared
Risk and Assurance:	Without organisational/whole system sign up. There is a risk that AHC's will not be delivered
Financial / Resource Implications:	Covered through primary care contracting.
Legal, Policy and Regulatory Requirements:	No legal implications associated with this paper
How does this reduce Health Inequalities:	Annual Health Checks enable recommendations/actions to result in Health Action Plans to reduce health inequalities for people with learning disability to be implemented across BNSSG.
How does this impact on Equality & diversity	AHC programme focus is on improving equality and diversity and health outcomes for people with learning disabilities
Patient and Public Involvement Communications and Engagement:	Engagement of system partners and service user voice through the Patient Partnership Groups
Author(s):	Lesley Le-Pine
Sponsoring Director / Exec:	Rosi Shepherd, Director of Nursing and Quality

Update Paper on Annual Health Checks

Date: 12th February 2021

Title: Annual Health Checks for people with learning disabilities

Author: Lesley Le-Pine

1. Purpose

This paper summarises the position to date and outlines the actions being taken to increase the number of Annual Health Checks (AHC) completed and the support being provided to primary care. It also outlines actions to improve the quality of AHC's completed and to support an improvement in outcomes for the learning disability population. BNSSG has Exemplar status for Annual Health Checks, one of only 8 Clinical Commissioning Groups in the country.

2. Background

Annual Health Checks for adults with a learning disability is a Direct Enhanced Service (DES). The aim of an AHC is to identify those in the learning disability population who may need additional health support to manage pre-existing conditions effectively or to identify conditions that may go undetected and which may need support in managing.

People with learning disabilities often have poorer physical and mental health than other population groups and often die younger, they are a vulnerable group experiencing sub optimal care and poorer health outcomes than the general population. People with learning disabilities and their families often report poor access and experiences of care with many needs going unmet thus exacerbating health inequalities further

Annual Health Checks can help support changes to health behaviours; promote healthy lifestyles; identify previously undetected health problems; improve prescribing and support management of existing health issues through coordination with community services and secondary care. NHSE/I has identified AHC's as a key priority in the NHS Long Term Plan and set all systems a target of 67% completion for all those eligible on GP LD registers by 31 March 2021.

3. Data

There are an estimated 5037 people recorded as having a learning disability on practice registers (reflecting a 0.5% prevalence in the population), The data from Q2 2020/21 was reporting 7% as the number of completed AHC in practices across BNSSG. Q3 shows an improvement with 30% completion of Annual Health Checks (an increase of 23% from the last quarter). Figures for with 31st January show completion at 41%. (11% increase) If we can continue this trajectory of 10% per month, the Q4 could achieve 61%, which would be 6% off target.

4. Direct Enhanced Services (DES) Directions

As part of the 2020/21 DES arrangements practices can only be reimbursed for the delivery of AHC's if the practice meets the legal requirements of the DES Directions. Paragraph 7(g) of the directions describes the minimum criteria for an Annual Health Check that includes:

- ✓ The provision of relevant health promotion advice
- ✓ A chronic illness and system enquiry
- ✓ A physical examination
- ✓ A consideration of whether the patient suffers from epilepsy
- ✓ A consideration of the patient's behaviour and mental health
- ✓ A specific syndrome check.
- ✓ The production of a health action plan for all patients with a learning disability who are aged 14 years and over
- ✓ A check on the appropriateness of any prescribed medications
- ✓ A review of coordination arrangements with secondary care
- ✓ Where appropriate, a review of any transitional arrangement that took place on the patient attaining the age of 18.

As part of the Covid expansion fund a Memorandum of Understanding (MOU) has been circulated to identify key principles and measures governing the allocation of the additional funding to support general practice.

The MOU outlines to practices in that order to access the funding they commit to meeting the 67% target for completion of AHC by 31st March 2021. The allocation of funding is split across 2 phases and delivery is to be reviewed in February. Practices that have not met the review target will not be eligible for the second phase of funding. It is understood that all BNSSG practices have signed up.

5. Completed actions to support primary care

- Developed of a toolkit of AHC resources to support GPs & practices validated by Community Learning Disability Teams
- Launched toolkit with GP's practices in October 2020
- Set up an AHC portal with 30 recommended AHC resources hosted on GP platform – Teamnet/Remedy, including easy read invite letters
- Identified lead Learning Disability GP's in every practice to establish a contact list
- Established a BNSSG Learning Disability lead GP Forum.
- Developed and delivered a multi-agency training webinar for GP's on 3rd December – 90 minutes training and discussion attended by 66 GP's.
- Provided guidance on reasonable adjustments, including easy read information, to ensure that health checks are accessible.
- Presented briefing on the importance of AHC to Practice Managers Forum and Locality Leads
- Worked with Healthwatch, service users and carers to develop an easy read 'Get Ready' resource to prepare for AHC for roll out to practices in January

6. Further Planned Actions

- Simplified Coding flier for practices to address incorrect coding errors to assist with accurate reporting – distribute January
- Working with One Care to establish a process for weekly reporting.
- From the success of the pilot rollout the LD champions programme to all GP practices across BNSSG supported by CLDT staff
- Develop further specific training sessions for practice nurses & other practice staff involved in AHC
- Learning disability AHC's are included in the Phase 3 primary care prioritisation work and comms sent out to practices

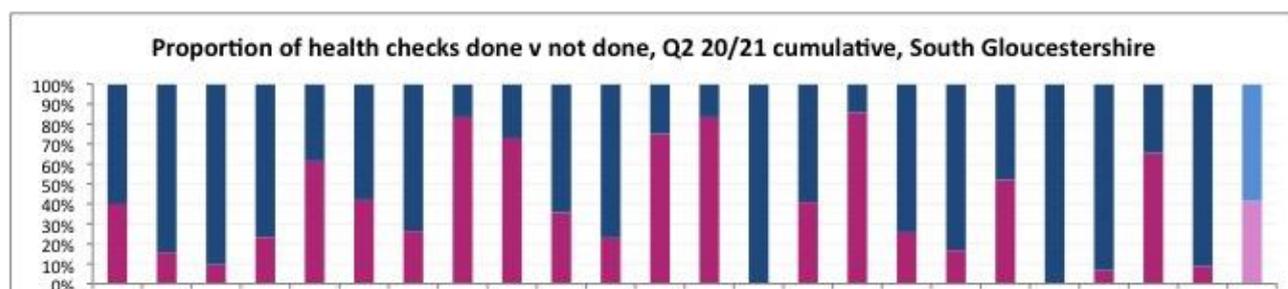
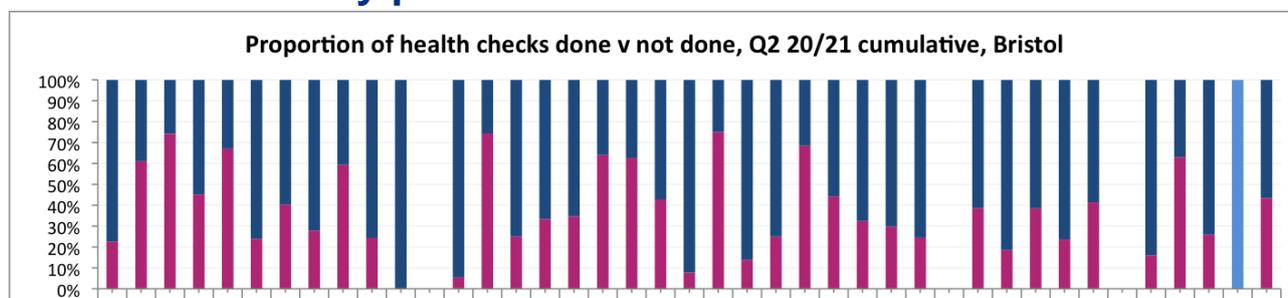
- Ensuring Health Action Plans are produced as a result of the AHC
- Targeted support for practices with high numbers of LD patients
- Targeted support for practices with low AHC compliance
- Engage GP LD Leads and PCN Clinical Directors to support delivery - Work with PCN's to set up local LD forums and 'buddy' practices with high compliance with those who are struggling
- Regular prompts and support calls to practices about progress with annual health checks.
- Provide pertinent information on reasonable adjustments, coronavirus issues, vaccine, MCA, Best Interests and consent etc
- Linking AHC to various quality improvement projects e.g. STOMP and improving uptake of cancer screening (particularly bowel cancer)
- GP's advise too many AHC templates – BNSSG will develop one agreed easy read AHC template and put on EMIS
- Develop AHC audit tool with LD GPs – auditing 5 AHC per practice
- Quality Audit of AHC planned for April 2021 - Ensuring that health checks are comprehensive and actions following the health check are identified and followed up.

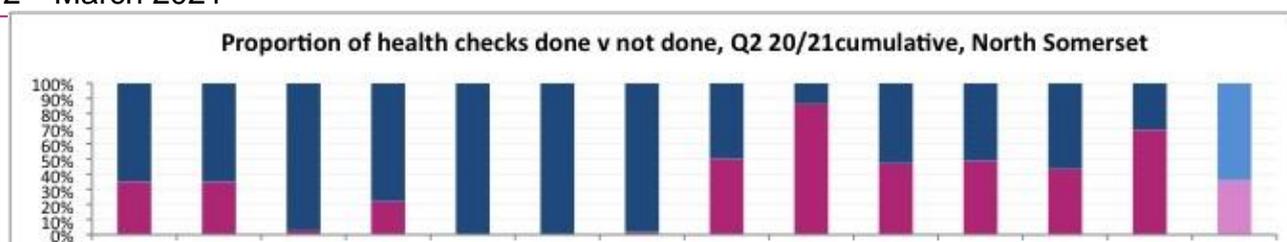
7. Risks

Under current social distancing guidelines and reduced capacity the move to virtual/digital platforms may limit access if people with learning disabilities are unable to use or do not have digital platforms available to them

A risk stratification tool has been shared with LD GP leads in every practice to assess who could have AHC on line and who needs to be seen in the practice. The Covid vaccination programme may also limit the number of appointments available for face to face AHC appointment which generally require 30 minutes.

8. Achievement by practice to 31st December 2020





Pink = Completed, Blue not done

9. Summary and Recommendations

The Governing Body is asked to note the content of the paper and supporting action plan and to support the following actions:

- To support the actions to improve the uptake of Annual Health Checks
- To support local arrangements for the LD DES as requirements shift over to the Primary Care Network's (PCN's) giving opportunities for more integrated working between practices/PCN's and the specialist LD teams to facilitate access to screening services, mainstream community services and support around 'reasonable adjustments'.

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